



Friday – March 28, 2025

Session 101 – Xcel Silver – 95

7 yrs, 8A, 8B, 8C, 10A, 10B

9:00 – 9:20	Open Stretch
9:20 – 9:30	Introduction
9:30 – 11:45	Competition
11:50	Awards

Session 102 – Xcel Silver – 83

10C, 10D, 10E, 10F, 10G

12:20 – 12:40	Open Stretch
12:40 – 12:50	Introduction
12:50 – 2:50	Competition
2:55	Awards

Session 103 – Xcel Silver – 95

9A, 9B, 9C, 9D, 9E

3:25 – 3:45	Open Stretch
3:45 – 3:55	Introduction
3:55 – 6:15	Competition
6:20	Awards

Session 104 – Xcel Silver – 90

9F, 9G, 13A, 13B, 14+

6:45 – 7:05	Open Stretch
7:05 – 7:15	Introduction
7:15 – 9:30	Competition
9:35	Awards

Saturday – March 29, 2025

Session 105 – Xcel Silver – 86

11A, 11B, 11C, 11D, 11E

9:00 – 9:20	Open Stretch
9:20 – 9:30	Introduction
9:30 – 11:30	Competition
11:35	Awards

Session 106 – Xcel Silver – 86

11F, 12A, 12B, 12C, 12D

12:00 – 12:20	Open Stretch
12:20 – 12:30	Introduction
12:30 – 2:30	Competition
2:35	Awards

Session 107 – Xcel Gold – 80

12A, 12B, 12C, 12D

3:00 – 3:20	Open Stretch
3:20 – 3:30	Introduction
3:30 – 5:30	Competition
5:35	Awards

Session 108 – Xcel Gold – 87

12E, 13A, 13B, 13C, 13D

6:05 – 6:25	Open Stretch
6:25 – 6:35	Introduction
6:35 – 8:45	Competition
8:50	Awards

Sunday – March 30, 2025

Session 109 – Xcel Gold – 74

8A, 8B, 9A, 9B, 9C

8:00 – 8:20	Open Stretch
8:20 – 8:30	Introduction
8:30 – 10:30	Competition
10:35	Awards

Session 110 – Xcel Gold – 86

10A, 10B, 10C, 10D, 11A

11:00 – 11:20	Open Stretch
11:20 – 11:30	Introduction
11:30 – 1:45	Competition
1:50	Awards

Session 111 – Xcel Gold – 78

11B, 11C, 11D, 11E, 11F

2:15 – 2:35	Open Stretch
2:35 – 2:45	Introduction
2:45 – 4:45	Competition
4:50	Awards

Session 112 – Xcel Gold – 73

14A, 14B, 14C, 15yrs, 16+

5:15 – 5:35	Open Stretch
5:35 – 5:45	Introduction
5:45 – 7:45	Competition
7:50	Awards