

2025

Spirits Strongher Invitational

November 22nd-23rd



- Meet Director:** Rod Rogers, rodspirits@me.com, 314-369-1558
- Levels:** USAG Levels 2-10 & Xcel (Bronze - Sapphire)
- Awards:** Trophies for All Around Awards
Medals for Events Awards
50% on events for all levels
100% for AA for Levels 2-4 and XB-XG, 50% for AA for all others
- Entry Fees:**
- | | |
|---------------------------------|-------|
| USAG Level 2, Xcel B & Si | \$ 90 |
| USAG Levels 3-5, Xcel G | \$105 |
| USAG Level 6-10, Xcel P, D, Sa | \$115 |
| Team (per level - top 3 scores) | \$ 45 |
- Age Divisions:** USAG age groups (may be subdivided)
All ages will be determined by their age as of November 23rd
- Deadline:** October 10, 2025 (postmarked)
-USAG: Make sure to update registrations through USAG website
-Last level-change date: November 15th
- Refunds:** Full refunds will be made through November 15th with a note from a licensed medical practitioner. Charge of \$25 after Nov 15th.
- Admission:** Cash Only! (please let your families know)
\$10 ages 6 and up, \$5 ages 5 and under, Pumpkin seat = Free



Hosted by:
St. Louis Spirits Gymnastics Club • 12975 Maurer Industrial Drive • St. Louis, MO 63127
<https://spiritsgym.com> • 314-461-1877 phone-text



